

WINTER Newsletter 2017/18



JOY
LOVE
PEACE
BELIEVE
CHRISTMAS

Coffee & Chat
Every Thursday
10am until 12 noon
with free creche



We're at
Jubilee House
St Paul's Street
Crewe
CW1 2QA

FREE Crèche
50p for snack

*Clasp closes on
Thursday 21st December
and re-opens on
Thursday 4th January 2018*



Christmas Crafts

Tuesday 5th & 12th December
10am until 12 noon
Free creche



Thursday 21st December 2017

11am – 12.30pm
FOR CHILDREN UP TO AGE 11
£2.50 per child
** Booking essential **

We're also celebrating



Join us to celebrate Christmas jumper day, donate £2.00 and wear your Christmas jumper, t-shirt or outfit to help us raise money for Save the Children

CLOSED FOR STAFF TRAINING

Tuesday 27th February

**PLEASE BOOK TO ATTEND
OUR COURSES @**

www.southcheshireclasp.org.uk

*** course enrolment ***



Time Out For Parents Children with Special Needs

Starting Tuesday 9th January until
Tuesday 13th February 2018
(6 weeks) Each Tuesday 10am
until 12 noon with free creche

Booking essential

More information at
www.careforthefamily.org.uk

We offer

- Counselling
- One 2 One Family Support
- Short Courses, such as Parenting, Assertiveness, Coping with anger, Cookery & Budgeting
- Lone Parent Holiday Information
- PRIMARY PLUS – Support group for primary school children, by referral only.
- Taking Steps – Support with returning to work (see or email sue@southcheshireclasp.org.uk)
- Social events & Activities

Out of School Kids - Stay & Play

Tuesday 20th & Thursday 22nd February
10am – 11.30am

Top Tips for a Perfect Single Parent Christmas Day!

Whether it is the first Christmas that you are going it alone, or whether it is your tenth, here are some top tips for making it the best Christmas ever!

- First and foremost, **DO NOT** believe that everyone else in the world is enjoying a cosy family Christmas around a log fire. **They aren't.**
- This is the year to create new family traditions with your children. Get them to make or choose new decorations and then have fun together decking the tree.
- Go out with the children and get holly and ivy. Frame your photos or doorframes. Make the house look magical for your children.
- On Christmas morning have a small treat just for you, next to your bed to wake up to.
- Open the stockings all together snuggled on your bed.
- Put on Christmas music and dance around the bedroom in your pyjamas just celebrating the day.
- Treat yourself to your favourite breakfast – bacon & eggs, salmon & cream cheese bagels, pancakes.
- You might consider going to your local church for the morning service. Sing along to all your favourite hymns.
- Consider inviting other single parent friends over for lunch. A family is what you make it.
- If you need a bit of support or a boost in preparation for the day, chat to other parents on forums such as [Mumsnet](#), [DadInfo](#) and [The Parent Connection](#) or talk to us at our **coffee & chat session on Thursday.**

Look out for our Spring Newsletter in March



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